

# A Day in MÈZE



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*Archipel*  
**DE THAU** DESTINATION  
MÉDITERRANÉE  


Simplement **unique.**

# Early morning



## TOWN CENTRE WALK

Nothing beats wandering around the town centre to soak up Mèze's signature Mediterranean vibe. You'll spot unspoilt architecture as you stroll along the colourful lanes: Penitents Chapel and its ramparts, Château de Girard and more. Make the most of your time here to visit the market hall for an introduction to our local produce. You can always visit the traditional market that comes to the esplanade every Thursday and Sunday morning too.



Bus n° 20 - Stop at La Marianne  
(150m from the town centre)



Suitable for cyclists



# 10am



## WATER SPORTS

The town centre is just a few minutes away from Thau Lagoon's beaches. Its calm shallow water is ideal for a family dip. The lagoon is also a great place for water babies to have fun kayaking, paddleboarding or sailing.



Bus n° 20 – Stop at La Marianne (700m from the town's beaches)

# 12pm

## LUNCH



The world's your oyster at lunchtime! Mèze port is packed with restaurants. This is the place to try dishes made using local produce and seafood. Shellfish fans should visit Le Mourre-Blanc where producers host tastings at their farms (booking required).



Bus n° 20 – Stop at La Marianne (400m from the port) / Bus n° 20 – Stop at Cimetière (3km to the oyster farms)



Suitable for cyclists



## Afternoon

### Heritage

Travel back in time and dive into the area's history. The Cistercian Valmagne Abbey, nicknamed the "cathedral of the vines", has a scavenger hunt whisking you into a fantastic story as you scour the abbey's secret spots, from the cloister to the medieval garden.



# Afternoon

## MUSEUM

Stay in your time machine and make a beeline for one of our museums. Learn everything there is to know about Mediterranean plants and how they've been used through the ages at the Jardin Antique Méditerranéen. Thau Lagoon's ethnographic museum in

Bouzigues uncovers the secrets behind farming shellfish on Thau Lagoon. If you want to see some real ancient mosaics, you need to visit Villa-Loupian and its Gallo-Roman museum. There's a pass to visit these 3 sites at discounted rates.



Villa Loupian: Bus n° 603/604:  
Stop at Loupian Centre (1.1km from the villa)



Musée de l'Étang de Thau :  
Bus n° 20 – Stop at La Clavade  
(1.2km from the museum)



# Evening

## THAU LAGOON

End the evening on a high and watch the sun set over Mèze port. Enjoy an ice cream as you stroll along the docks and gaze out at the boats and oyster farms in the distance.

There are lots of festivals in the town centre in summer and you can watch the famous water jousting tournaments on the port.



**Office de tourisme Archipel de Thau**

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